



INTRODUCTION

Message From Our Manager

Dear Residents, Families, Friends and Colleagues,

As we move into September, I would like to thank all our staff for their continued hard work, commitment and care throughout this warm summer.

We have enjoyed a busy few months, with lots of activities, outings and special moments for our residents, and it has been lovely to see everyone getting involved.

We held a fantastic Summer Fete and enjoyed a wonderful Fringe Care Festival event at the end of July.

As we head into autumn, we look forward to continuing to provide a warm, welcoming and supportive environment for everyone at Gilmerton Care Home.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign Up Link](#)

Best wishes,

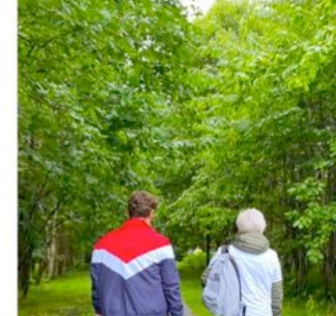
Victoria Mitrea
Home Manager



FUNDRAISERS

Sponsored Walk for The Care Workers' Charity

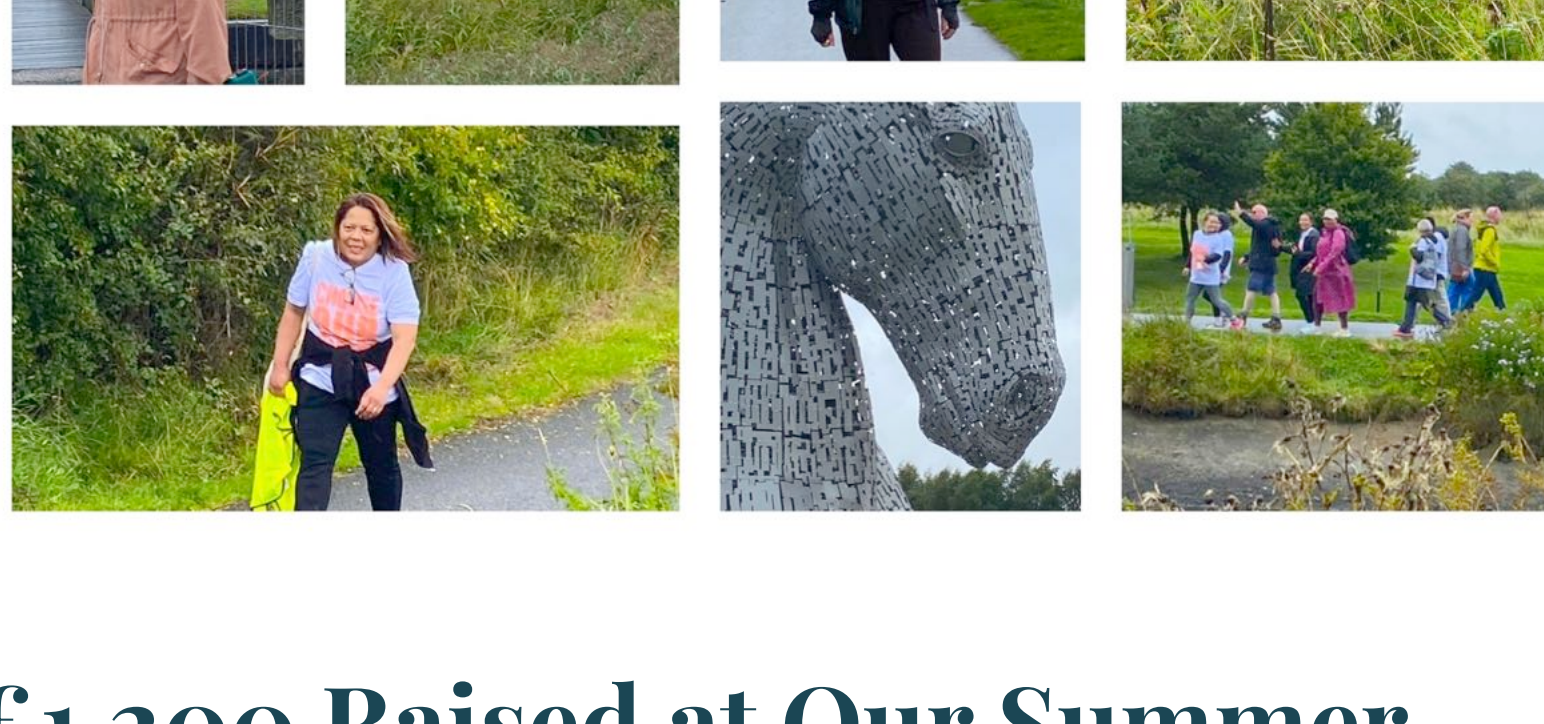
On 1st September, our staff took part in a fantastic six-mile sponsored walk in support of The Care Workers' Charity, a UK charity dedicated to supporting care workers and promoting their wellbeing.



The charity provides practical support, including crisis grants for workers experiencing financial hardship, access to mental health resources, training opportunities and advocacy to improve recognition and working conditions across the social care sector.

Our staff took on the challenge of walking from The Kelpies to The Falkirk Wheel and back, enjoying the beautiful surroundings while raising money for such an important cause.

A huge well done to everyone who took part, supported the team and helped make a difference. What a brilliant way to start the month!



£1,200 Raised at Our Summer Fete!

We are absolutely delighted to announce that, together, we raised an amazing £1,200. A huge thank you to everyone who came along, donated, baked, bought raffle tickets, helped on the stalls or supported us in any way. Your kindness and generosity made the day such a wonderful success.

The best part was seeing our residents, relatives, staff, friends and members of the local community all coming together, enjoying the sunshine, sharing plenty of laughs and making some very special memories. £1,200 raised and countless smiles along the way!

Days like this are what Gilmerton is all about – community, friendship, laughter and making every day meaningful for the people who live with us.

From everyone at Gilmerton Care Home and Gilmerton Neurological Care Centre, thank you for making our Summer Fete one to remember.

Here are just a few snapshots from our fantastic day...



RECENT CELEBRATIONS



Fringe Care Festival Comes to Gilmerton

We were absolutely delighted to have been selected as one of 20 care homes in Edinburgh to host the Fringe Care Festival at Gilmerton Care Home and Gilmerton Neurological Care Centre for the very first time, and what a memorable day it was.

Our beautiful garden was transformed into a vibrant 1950s and 60s music festival, with glorious sunshine, fantastic live entertainment and smiles all around. Residents, families, friends and staff embraced the theme, dressing up in fabulous vintage outfits and dancing and singing along to the wonderful music.

The excitement continued with an amazing juggling performance that had everyone laughing and applauding, creating some brilliant moments that will be remembered for a long time to come.

A huge thank you to everyone who helped make the day so special, particularly our incredible team, volunteers, entertainers, families and visitors. Seeing so many happy faces enjoying the music, sunshine and each other's company was lovely.

This was a wonderful first Fringe Care Festival event at Gilmerton, and we are already looking forward to doing it all again next year.

We would also like to say a special thank you to the organisers of the Fringe Care Festival, who were absolutely amazing and helped make the event such a success.



OUR HARD WORKING TEAM

Glad to Care Week

Glad to Care Week took place from 15th to 19th June and provided a wonderful opportunity to celebrate our dedicated and compassionate carers and recognise the invaluable work they do every day.

Throughout the week, staff were treated to a wide range of events, activities and surprises. From breakfast treats and Tai Chi to music and dancing with residents, a staff 'Guess the Baby Photo' challenge, Carer Awards and certificates, there was something for everyone.

The week was filled with laughter, connection and plenty of opportunities to celebrate one another. Staff thoroughly enjoyed getting involved, and it was wonderful to see so many people taking the time to have fun, relax and celebrate their achievements.

A huge thank you to every member of our caring team for everything you do. Glad to Care Week was a fantastic reminder that the people who spend every day caring for others deserve to be cared for and celebrated too.



WELLBEING

Supporting Health and Wellbeing

The wellbeing of our staff, residents and their families is incredibly important to us. With this in mind, we have organised two wellbeing-focused activities that we hope you will enjoy and make the most of.

Tai Chi Exercise

Take part in a physio-led Tai Chi exercise class and discover the benefits it can bring to your physical, mental and cognitive wellbeing. Tai Chi is a gentle, relaxing mind-body exercise that can help promote movement, balance, relaxation and overall wellbeing.



It is suitable for everyone, so why not come along and give it a try?

Venue: GNCC Garden

Time: 2.00-2.30 pm

When: The last Friday of every month

Calling All Staff! Football Group

Are you interested in getting involved in a fun and friendly 5-a-side football group? Whether you are a football enthusiast or simply fancy getting active, this is a great opportunity to have fun, meet colleagues, get some exercise and let off some steam after a busy day.

If you are interested in joining, contact Rada on 07939 195465 to be added to the WhatsApp group and keep up to date with arrangements.

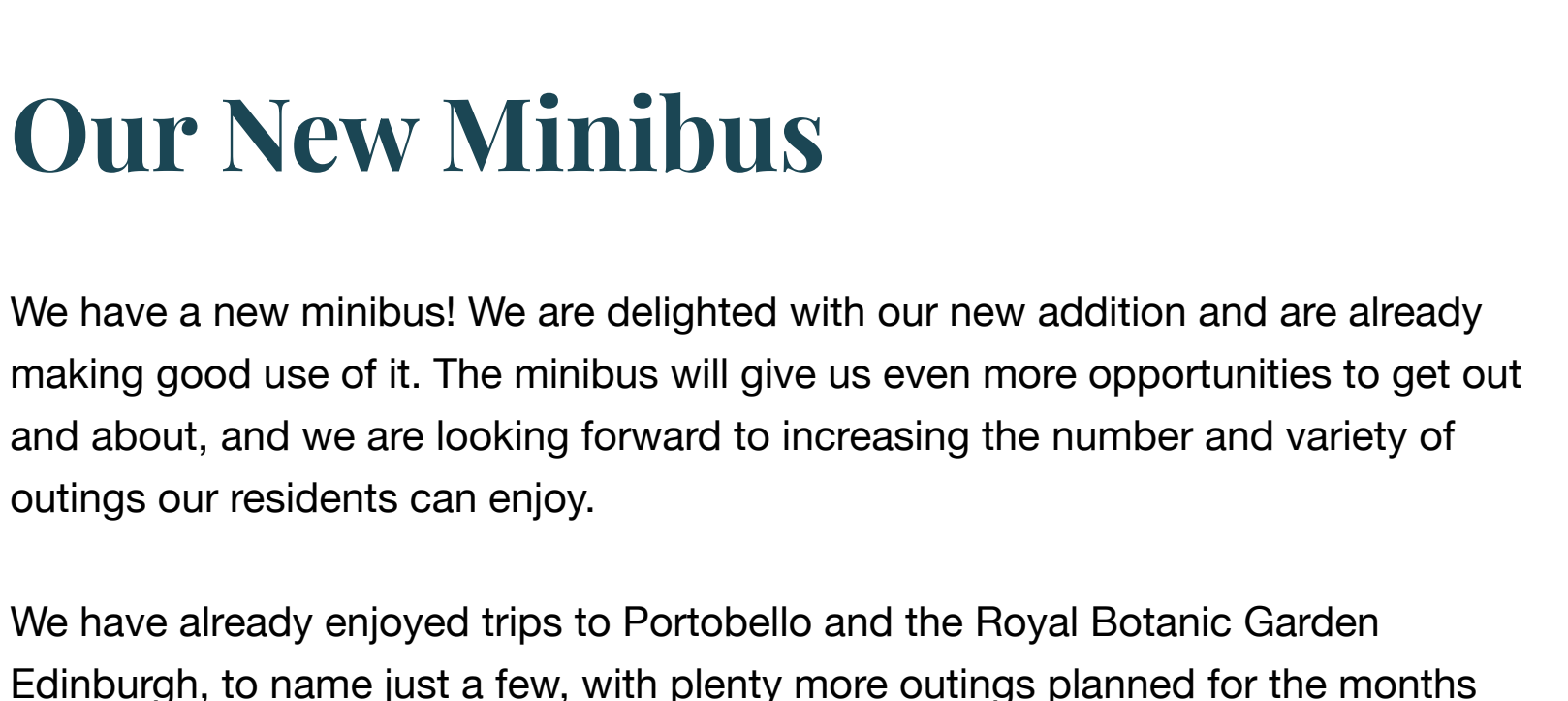
Venue: Loanhead Leisure Centre (this may change depending on what suits the majority of participants)

Time: 5.00-6.00 pm

Cost: £3 per session

Come along, get involved and make your wellbeing a priority!

OUT & ABOUT

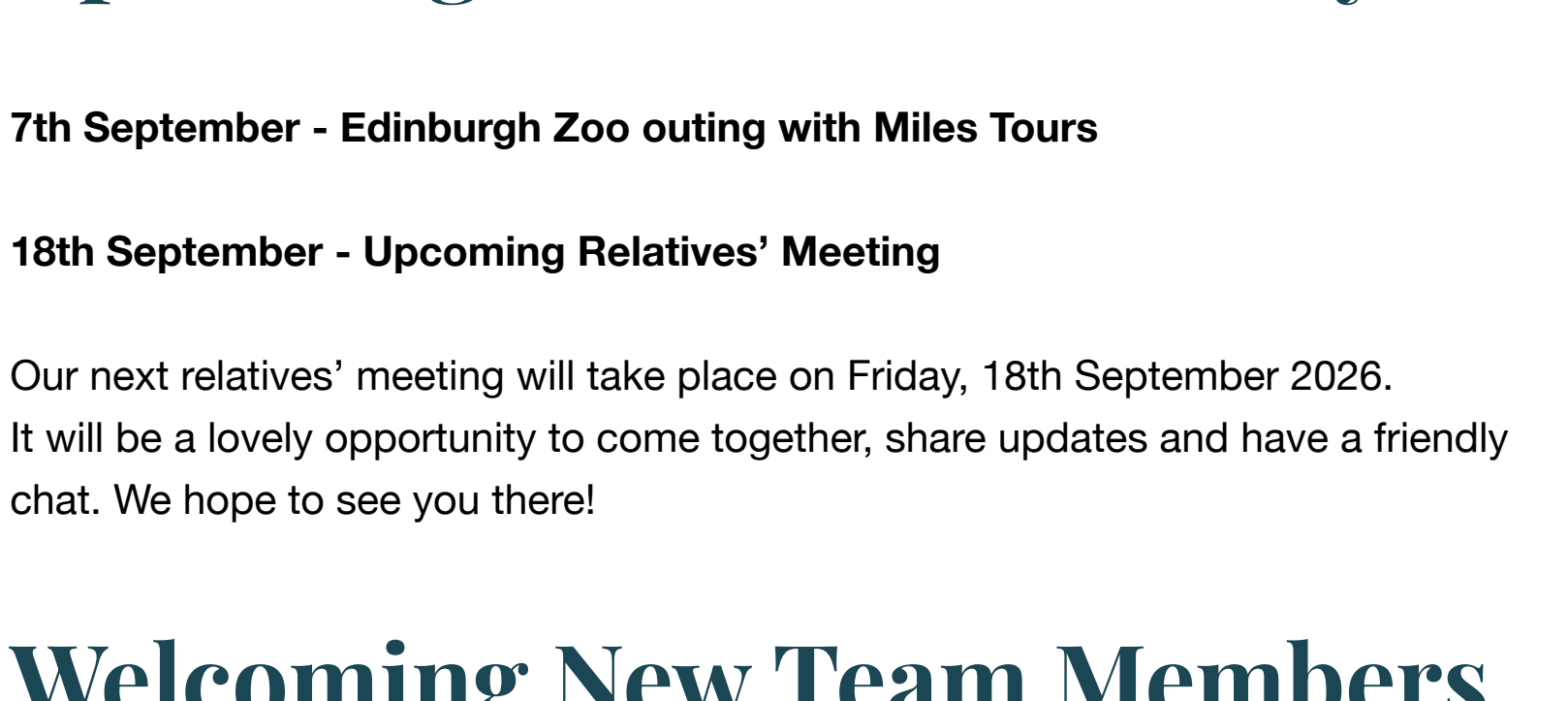


Our New Minibus

We have a new minibus! We are delighted with our new addition and are already making good use of it. The minibus will give us even more opportunities to get out and about, and we are looking forward to increasing the number and variety of outings our residents can enjoy.

We have already enjoyed trips to Portobello and the Royal Botanic Garden Edinburgh, to name just a few, with plenty more outings planned for the months ahead.

HOME NEWS



Upcoming Dates for the Diary

7th September - Edinburgh Zoo outing with Miles Tours

18th September - Upcoming Relatives' Meeting

Our next relatives' meeting will take place on Friday, 18th September 2026.

It will be a lovely opportunity to come together, share updates and have a friendly chat. We hope to see you there!

Welcoming New Team Members

We are pleased to welcome some new faces to the Gilmerton team. Ini has recently joined us as our weekend Receptionist, while Michelle has joined our Domestic team. We hope you will join us in giving them both a very warm welcome.

We are also looking forward to welcoming our new Activity Lead over the next few weeks. We will share more information and introduce them properly once they have settled into their new role.

EXTERNAL LINKS

Social Media

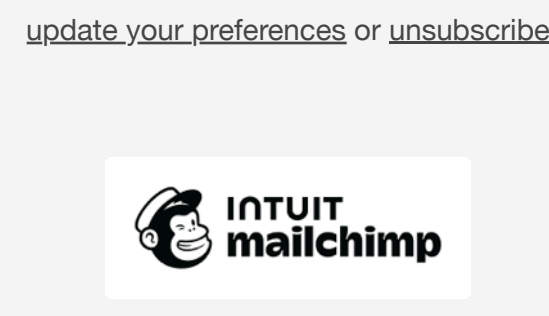
Make sure to check out the Gilmerton Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

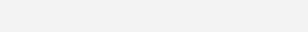
Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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